



## At Home Care

*"Home Is Where the Heart Is!"*

**Job Title:** Home Care Assistant/CDS Attendant

**Job Purpose:** The basic function of a Home Care Aide/CDS Attendant is to perform tasks that enable clients remain in their own homes and out of long-term care facilities for as long as possible. Help patients to complete activities of daily living that are difficult for them because of a physical or mental disability. Provide assistance with intermittent household task necessary to the maintenance of a safe and habitable home environment. The service is restricted to non-skilled tasks and the need for services is determined in relationships to the client's functioning capacity. This position will reports directly to the RN Supervisor, the Director of Nursing and/or the CDS Client.

**Job Description:** Always ensures the patient maintains the maximum amount of independence and privacy as possible. Personal care duties can include helping a person to be bathed and dressed, eat, and use the toilet, transporting the patient to another area or room working on exercises as assigned by a physical therapist and or physician.

**Job Responsibilities:**

- Planning, preparation and clean-up of meals
- Making beds and changing linens with the participants in or out of bed as required
- Brushing, combing, and shampooing hair
- Giving bed baths or assist with shower or tub bath
- Assist with oral care such as brushing teeth or denture care when participant is unable.
- Cleaning and filing fingernails and participants without contraindicating conditions.
- Shaving with an electric or safety razor as appropriate an electric razor must be used for diabetic participants or participants with contraindicating conditions.
- Giving assistance to and from the bed to a wheelchair, walker or chair when a participant is weight bearing.
- Assisting the participants with ordinarily self-administered medications (open bottles, get water)
- Shopping for groceries or household items specifically require for the health
- Applying non-prescriptive topical ointments/lotions to unbroken skin at the participant's direction.
- Tidying and dusting the home;
- Cleaning kitchen counters, cupboards, and appliances, including oven, surface burners and fridge
- Cleaning bathroom fixtures;
- Laundering clothes and linens;
- Making beds and changing sheets;
- Ironing and mending clothes;
- Washing dishes, pots, pans and utensils
- Washing inside windows and cleaning venetian blinds, which are within reach without climbing
- Sweeping and/or vacuuming, and mopping floors;
- Bagging trash inside the home and putting it out for pick-up;
- Shopping for essential items (e.g., groceries, cleaning supplies, etc.);
- Performing essential errands (e.g., picking up medication, posting mail, etc.);
- Instructing the client in ways to become self-sufficient in performing household tasks
- Advance Personal Care -Assist with Ostomy Care, assist with catheter care, perform bowel programs, administer non-injectable meds, assist with Insulin set-up and perform vital signs and weights
- Attend staff meetings, in-services and any continue education and training.

**Skills/Education:** Home Care aide must be 18 years of age. A minimum of one year experience of direct patient care with either a Skilled Nursing facility or an In-Home Care Agency is preferred. Home Care Aide must be physically able to lift a minimum of 75 lbs. and be able to move patient without any assistance from the patient. Home Care Aide must also be able to help assist the patient with walking through use of a cane, walker or gait belt throughout the facility or client's home.